Sauna Information

Please read these instructions carefully before using the sauna.

Use of the sauna is at your own responsibility and requires compliance with the following safety and operating instructions.

Hot surfaces	The sauna heater, stones and nearby components become very hot. Do not touch - risk of burns.
Keep heater clear	Do not place towels, clothing, fragrances, bowls or any other objects on, above or directly next to the sauna heater - fire risk.
Infusions / water on stones	Only pour small amounts of clean water onto the stones and do so carefully. Do not use aromas, oils, essences or alcohol-based additives directly on the heater or stones.
Children and vulnerable persons	Children and persons with health limitations may only use the sauna under supervision.
Health	In case of fever, cardiovascular issues, pregnancy or other medical conditions, the sauna should only be used after medical advice.
No alcohol / no drugs	Use of the sauna under the influence of alcohol, drugs or strong medication is not permitted.
If you feel unwell	Leave the sauna immediately if you feel dizzy, nauseous, faint or otherwise unwell.
Operation	Use only the intended controls. Any adjustment or tampering with the control unit, sensors or electrical components is prohibited.
After use	Switch off the sauna after use in accordance with the instructions. Please report any malfunction, unusual noise or smell immediately.

In an emergency: 112

These instructions are provided for your safety and for the proper operation of the sauna.